Special Rates For MCEA Members!

Come see why Fitness First is "The Best Value In Fitness"
Join one club and use all 18 of our convenient locations!
www.fitnessfirstclubs.com

One on One Instruction • State of the Art Equipment • Free Group Exercise Classes Including Yoga and Pilates • Free Group Cycling
Child Care Facility for all Ages • Locker Rooms with Sauna and Steam
Convenient Hours: 5am - 11pm & 7 days a week

$50 Init. Fee

$29/mo.

FITNESS FIRST

Contact Your Local Representative, DAVE POSIN, Today!

301.330.1800 | DPosin@fitnessfirstclubs.com

Your Membership is Good At All of Our Locations!